

FEATURE LIST - ATHLETEMONITORING.COM

WELLNESS, TRAINING & PERFORMANCE	AVAILABILITY	DETAILS
COVID screening	Yes	
Wellness monitoring	Yes	Customizable daily/weekly wellness questionnaire
Sleep monitoring	Yes	Via data integration or manual input
Menstrual cycle tracking	Yes	Integrated within the wellness questionnaire, alerts and recommendations
Menstrual symptoms tracker	Yes	
Daily Pain and Stiffness tracker	Yes	
Appointment scheduling	Yes	
Program design	Yes	
Activity scheduling	Yes	
Training monitoring	Yes	Monitor objective and subjective load
Customizable activities	Yes	Sport-specific activities preloaded by default
Evidence-based Workload management	Yes	Customizable load management with evidence-based metrics and actionable alerts
Real-time alerts	Yes	Customizable with actionable recommendations
Reminders and notifications	Yes	13 customizable reminders delivered via SMS, push notification or email
Exercise programming	Yes	Preloaded with 600 exercises
Strength programming	Yes	Track sets, reps, volume, intensity
Testing & assessments	Yes	Unlimited tests, batteries, custom standards, etc
Standard-based assessments	Yes	
Individual and team reports	Yes	
Customizable questionnaires	Yes	Medical history, nutrition, mental health, etc
Team and individual dashboards	Yes	Customizable, with wellness, training, testing, questionnaire and health alerts and measures
Team and individual graphs	Yes	Customizable, with wellness, training, testing, questionnaire and health alerts and measures
COMMUNICATION	AVAILABILITY	DETAILS
Individual and team messaging	Yes	SMS, email, push notification
File and video sharing	Yes	Free 500Mb of storage. Additional storage capacity available.
SPORTS MEDICINE	AVAILABILITY	DETAILS
Electronic medical records	Yes	
Treatment recording	Yes	Customizable list of treatments, tasks, injury mechanisms

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SOAP Notes	Yes	
Medication tracking	Yes	
Validated diagnoses coding systems	Yes	SMDCS, OSIICS, Custom
Injury surveillance	Yes	Customizable OSTRC Questionnaire compatible with IOC sport-specific consensus statements
Epidemiological statistics	Yes	Incidence, prevalence, burden
DATA EXCHANGE	AVAILABILITY	DETAILS
Raw data export	Yes	Available for all modules and for staff and athletes
Data export API	Yes	Export data to external databases via CRON JOB and ReST API
Data import API	Yes	Import athlete, staff and subgroup data from external information systems
Batch data import	Yes	Staff, subgroups, athletes, standards, exercises, test results, etc.
Third-party integrations	Yes	Currently available: Oura Ring, Polar Flow, Garmin Connect, Stryd, STATSports, Hawkin Dynamics, ForceDecks, NordBord, InBody, Catapult, VX Sport, GPSports, VERT, FieldWiz, universal importer. Integrations are being regularly added.
DATA PRIVACY AND SECURITY	AVAILABILITY	DETAILS
Data storage	Dedicated server	
File and data encryption	Yes	
Protection from Cloud Act (US)	Yes	
Privacy policy	Yes	https://www.athletemonitoring.com/privacy-policy/
Data location	EU, CAN, IN, client server (optional)	
Data security		https://www.athletemonitoring.com/security/
2 factor authentication	Yes	
Role-based access	Yes	11 preset roles, unlimited custom roles
SUPPORT	AVAILABILITY	DETAILS
Support and assistance	Unlimited	
Online tutorials	Yes	https://support.en.athletemonitoring.com/support/solutions
OTHER FEATURES	AVAILABILITY	DETAILS

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Languages	15	English, Français, Deutsch, Español, Português, ภาษาไทย, 汉语, Norsk, Suomi, Dansk, الْعَرَبِيَّةُ, Nederlands, ελληνικά, 日本語, Svenska
Web application	Yes	
Android & iOS app	Yes	
Custom branding	Yes	